



September 2025

# The Insider

A Monthly Look Inside Aravilla Clearwater

## September Festivities!

- 9/1 Labor Day Cookout
- 9/2 Ice Cream Outing
- 9/4 Resident Council Meeting
- 9/7 Grandparents Day
- 9/9 Steak n Shake
- 9/11 Patriot's Day
- 9/11 Coffee House
- 9/16 Men's Only Adventure
- 9/18 Ladies Only Adventure
- 9/23 Mystery Bus Trip
- 9/24 Resident Birthday Party
- 9/25 McDonalds
- 9/30 Dunkin Donuts

Celebrate September Birthdays in the Promenade on the 24th starting at 2:00pm!

### Resident Birthdays:

- 9/7 Judy M.
- 9/17 Sunnie B.
- 9/21 Douglas B.
- 9/21 Peggy W.
- 9/22 MaryAnn B.
- 9/22 Dennis J.
- 9/25 Maria P.
- 9/27 Doris C.

## Labor Day Celebration



Hello, September! As we usher in this vibrant month, we are thrilled to kick things off with the celebration of Labor Day. The first historic Labor Day event in 1882 featured a lively parade, a picnic, and inspiring speeches from labor organizations. President Grover Cleveland signed legislation in 1894 designating the first Monday in September as a national holiday to honor the labor movement. Over the years, Labor Day has evolved into a celebration of American workers and a joyful farewell to summer. For many, it is a cherished



occasion filled with family gatherings, picnics, barbecues, and exciting retail sales. At Aravilla Clearwater, we are excited to commemorate this special day with our own Labor Day Cookout. Mark your calendars and join us on Monday, September 1st, at 12:00 PM to 2:00 PM in the Promenade and our two dining rooms downstairs. Enjoy a traditional summer cookout featuring delicious hot dogs, hamburgers, and more as we bid adieu to summer and create memories together.

## Happy National Grandparents Day!



*Sheila S. & her grandchildren!*

**Celebrate National Grandparents Day!** Join us in honoring National Grandparents Day, celebrated in the United States on the first Sunday after Labor Day—this year, it falls on September 7th. The day was established in 1978 when President Jimmy Carter signed a proclamation, inspired by the efforts of advocate Marion McQuade. Deeply concerned about the lack of visits to nursing home residents, McQuade envisioned a day to recognize and celebrate the invaluable contributions of grandparents in our lives. This special occasion allows us to honor their wisdom, cherish their love, and acknowledge the vital roles they play in our families. On this special day, we invite you to participate in our Grandparents Photo Memory Lane activity at 10:00 AM in the Promenade. This will be a wonderful

opportunity to share cherished photos and heartwarming stories about the grandparents and grandchildren who have touched our lives. Let's come together to create lasting memories and celebrate the bonds that unite us!



*"Best Nana Ever!"*

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Assisted Living Facility #AL13583

## Cooking Class

**Congrats!**



Maritza H. has been an invaluable member of our Aravilla family. As a dedicated care partner, she consistently goes above and beyond for both our residents and staff. Thank you, for your outstanding contributions!



### Employee Birthdays:

- 9/4 Martiza H.
- 9/9 Terasa W.
- 9/13 Jayne P.
- 9/19 Sarah R.
- 9/24 Susan J.
- 9/28 Camry A.



### Employee Anniversaries:

- 9/13 Terasa W. 1 year
- 9/20 Angel M. 1year
- 9/24 Sarah F. 1 year



**Patrick P.**

their labor, indulging in the delicious treats we create together. Join us for a delightful afternoon filled with laughter, learning, and the joy of cooking. We can't wait to see you there and share in the excitement of culinary exploration as we look forward to our next cooking adventure.

### Join Us for an Exciting Cooking Class Every

**Wednesday!** We are thrilled to invite you to our weekly cooking class, held every Wednesday at 2:00 PM in the vibrant Promenade. This is your chance to immerse yourself in the art of cooking as we whip up a variety of delectable treats, including mouthwatering brownies, scrumptious cookies, delightful strawberry shortcake, and savory mini pizzas. Regardless of your culinary experience, the chefs are guided through each step ensuring successful participants. As the sweet aroma of freshly baked goods wafts through the Promenade, it's impossible not to feel inspired and hungry! The best part? Participants get to savor the fruits of



**Aravilla Clearwater's Best Chefs!**

## Resident Spotlight: Ilene G.



**Ilene G.**

**Welcome Ilene G. to the Aravilla Clearwater Family!** We are thrilled to share the wonderful news that Ilene G. has officially joined our Aravilla Clearwater family! Born in August 1932 in Jamaica Queens, New York, Ilene brings with her a rich tapestry of experiences and a vibrant spirit that we are eager to embrace within our community. Ilene spent her formative years in New York, where she graduated from Andrew High School in 1952. During her high school days, she earned the affectionate nickname "Red," a nod to her striking hair color. Following graduation, she relocated to Florida with her parents, dedicating herself to their care throughout their lives. In Florida, Ilene built a successful career at Honeywell, where she served as the secretary for Public Accounts until her retirement in 1992. A passionate reader, she amassed an impressive collection of thousands of romance novels, proudly curating her very own personal library.

Ilene is also an avid traveler, having explored many fascinating destinations, including California, Arizona, South Dakota, Spain, the Bahamas, and embarking on numerous memorable cruises. One of her most cherished adventures was riding a mule down the Grand Canyon and visiting the iconic Mount Rushmore. An organized individual, Ilene takes great pride in maintaining an immaculate home. She enjoys dining out, particularly at five-star restaurants, with Red Lobster holding a special place in her heart—especially for their famous garlic cheese biscuits. Music and dance are also integral to her life; she loves to sing along to her favorite tunes, filling the air with joy. Above all, Ilene is fondly known as a doting aunt to her nephew, Steve, and a wonderful great-aunt to her great nephew and great niece. We are excited to welcome Ilene into our community, where her warmth, vibrancy, and love for life will undoubtedly enrich the lives of those around her. Join us in giving her a warm welcome!



**Ilene in her youth!**